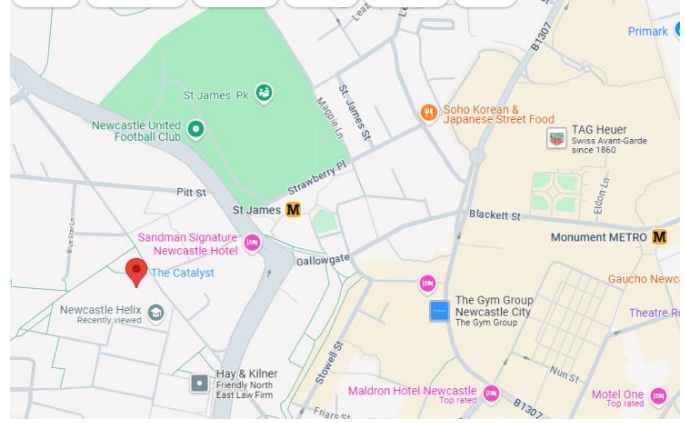


# Getting to The Catalyst, Newcastle upon Tyne



**Address:** [The Catalyst](#), 3 Science Square, Newcastle Helix, Newcastle upon Tyne, NE4 5TG

## By Train



1. **Arrive at Newcastle Central Station** – It's a major stop on the East Coast Main Line and well-connected to other parts of the UK.
2. **Walking Directions from Central Station** (approx. 10 minutes):
  - Exit the station onto Neville Street.
  - Head southwest towards the Centre for Life.
  - Follow the signs to the Newcastle Helix site.
  - The Catalyst is on Science Square.

**Note:** Taxis are available at Newcastle Central Station if you prefer not to walk.

## By Metro



- **St. James Metro Station** (approx. 4 minute walk):
  - Exit the station onto St. James' Boulevard.
  - Head towards Newcastle Helix following signs to Science Square.
- **Monument Metro Station** (approximately 10 minute walk)

## By Bus



- Several city bus routes stop close to the Newcastle Helix area.
- 10 minute walk from National Express and Mega bus stops

Use a journey planner like Google maps or [Nexus.org.uk](http://Nexus.org.uk) for detailed routes and bus times.

## By Car



1. **From the A1:**
  - Take the A184 exit toward Newcastle.
  - Follow the signs for Newcastle Helix and head toward Science Square.
2. **Parking:**

On-site parking is available at the multi-story car park on-site ([Newcastle Helix Garage](#)), accessed from Corporation Street postcode for satnav NE4 5QB.

Other car parking options include:

  - [St James Park Stadium car park](#) Barrack Rd, Newcastle upon Tyne NE1 4SE
  - [Q Park](#) Stowell St, Newcastle upon Tyne NE1 4YB
  - [Grainger Town Car Park](#) Grainger Town, 51 St James' Blvd, Newcastle upon Tyne NE1 4AU

**Note:** Parking may be limited; public transportation or rideshare options are recommended.

## By Bicycle



1. Newcastle Helix and The Catalyst offer bike parking facilities. If you need safe bike storage, please walk up to the reception and the staff will guide you.
2. Newcastle is a bike-friendly city, and you can use the **CityCycle app** to find routes and bike-sharing stations nearby.